# I NEED A HERO

Count: 32 Wall: 4

Level: Improver Nightclub

Choreographed: Johan Bouillon

Music: Holding out for a Hero- Karlien van Jaarsveld

Intro:16 Counts – 1 Restart

| **Sec 1** | **NIGHTCLUB BASIC, SIDE& SWEEP, BEHIND, SIDE, CROSS ROCK, RECOVER, CROSS ROCK, RECOVER, SIDE CROSS** |
|---|---|
| **1,2&3** | Step RF to right, Close LF to RF, Cross RF over LF, Step LF to left while seeping RF front to back |
| **4&5** | Step RF behind LF, Step LF to left, Cross rock RF to left Diagonal |
| **6&7&8&** | Recover to LF, Step RF to right, Cross Rock LF to right diagonal, Recover weight onto RF, Step LF to left, Step RF across LF |

| **Sec 2** | **NIGHTCLUB BASIC, 2x SWAY, FWD ROCK, SIDE ROCK, BEHIND SIDE CROSS** |
|---|---|
| **1,2&3,4** | Step LF to left, Close RF to LF, Cross LF over RF, Step RF to side & sway Right, Sway Left |
| **5&6&** | Rock RF across LF, Recover to LF, Rock RF to R, Recover to LF |
| **7&8** | Step RF behind LF, Make ¼ turn L as you step fwd of LF, Step RF fwd |

| **Sec 3** | **WALK, WALK, STEP, TURN, STEP, FULL TURN OVER L SHOULDER, ROCK, RECOVER ,STEP BACK** |
|---|---|
| **1,2,3&4** | 2x Walk fwd Left, Right, Step LF fwd, ½ Turn pivot R on RF, Step LF fwd |
| **5&6** | Make ½ Turn left stepping back on RF, Make ½ Turn left stepping fwd on LF, Step RF fwd |
| **7&8** | Rock LF fwd, R<br>ecover on RF, Step LF back |

| **Sec 4** | **CROSS, BACK SIDE X 2, CROSS ROCK, RECOVER, CROSS, ¼ TURN L, ½ TURN LEFT, ¼ TURN NO STEP** |
|---|---|
| **1,2&** | Cross RF over LF, Step LF back, Step RF to side and slightly back |
| **3,4&** | Cross LF over RF, Step RF back, Step LF to side and slightly back |
| **5,6&** | Cross Rock RF of LF, Recover weight to LF, Step RF To side |
| **7&8&** | Cross LF over RF, Make ¼ Turn left stepping back on RF, Make ½ Turn L stepping fwd on LF, Make a ¼ turn LF as you collect RF to LF without weight |